

NORFOLK LOCAL MEDICAL COMMITTEE

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A Very Happy Christmas to Everyone

and a Peaceful and Prosperous New Year

The Bumper Mailing – explained. Attached are two developments. Please read them and use them to discuss increase the level of preparedness and awareness one of its initiatives will be to co-host a meeting for the county's practice nurses and nurse practitioners (GMS & PMS) so do please encourage your nurses/NPs to attend. A mailing will be going out to PN/NPs soon but brief details are set out below*.

papers both relating to the New Contract and local issues at your practice meetings. As the LMC attempts to increase the level of preparedness and awareness one of its initiatives will be to co-host a meeting for the county's practice nurses and nurse practitioners (GMS & PMS) so do please encourage your nurses/NPs to attend. A mailing will be going out to PN/NPs soon but brief details are set out below*.

Out of Hours – Breaking News

On 10th December a potentially momentous decision was made by the Norfolk Out of Hours Working Group. Following presentations by potential providers the Group decided to recommend to the PCTs that the "preferred provider" for out of hours services across Norfolk should be The East Anglian Ambulance Trust. PCT Boards are being asked to ratify this recommendation when the Working Group will transform into an Implementation Group. The LMC was part of the process and also supported the recommendation. All concerned are aiming ideally for a 1st April 2004 start. In the meantime we would like to thank Mandy Hall and the Working Group for their decisiveness.

year. Whilst applications to the scheme made

this year will benefit from 2 years at 50% reimbursement and the scheme to last 4 years, those made in January and thereafter will only receive the 50% for 1 year and only 3 years in total. You do not need to identify an individual GP but can apply for the post to be approved and then to recruit to it. Full details, to remind you, are on the website (Resources > Non Principals)

An updated version has been uploaded ("Latest News" and also "Resources> Professional Partners>Dentists")

An invitation to provide practice mentoring and clinical advice to the new Greenfield PMS Practice in Downham Market

Would your practice be interested in a 1 year contract to provide mature GP mentoring to a modern, Nurse-led, PMS Practice opening in early Spring 2004. The commitment will be five hours spread across the working week and will involve mentoring, clinical governance and professional support to a full-time Nurse Practitioner and a GP. Applications in writing to Mr N Day, Head of Primary Care, West Norfolk Primary Care Trust, Extons Road, King's Lynn, PE30 5NU

GP wants to relocate to Norfolk

I am a 32 year old GP in the army (currently in Germany) looking to relocate to Norfolk in Sept 05 and am seeking a salaried full time GP post. Will consider all locations. I have DFFP, DCH, DRCOG DSTI (sports injuries) and am taking MRCGP as I write. Contactable on 0049 251 7474680 or at kevin.burgess@freenet.de

*A Date for your Practice Nurses' Diaries

Monday 23rd February 2004 - an event for all Practices Nurses to learn about the new GP Contract and its implications. Speakers will include Dr P Harvey, LMC Secretary. Please draw your PNs attention to this. They will receive a direct mailing in the New Year.

GPs working at the NNUH

The LMC is awaiting a reply to a uncompromising letter it has sent, with the support of the Trust's Local Negotiating Committee, to the HR Dept at the NNUH, demanding an end to Clinical Assistants, an end to the distinction made between principal and non principal GPs and a serious uplift in the Trust Practitioner rates all round. We also have great pleasure in announcing that Dr Martin Hadley-Brown GP in Thetford, has agreed to represent NNUH employed GPs on the LNC. If you are a GP working in another trust and want the LMC to look into your situation let us know.

Part-time Salaried post sought

Female GP (MRCGP, DRCOG), recently moved into area, seeks a part-time salaried post in Southern Norfolk. Contact Helen McCall on themccalls@tiscali.co.uk

Sick Notes and Hospital Treatment

We are very pleased to confirm that the NNUH's Medical Director has written formally to all the Trust's medical and nursing staff reminding them of their obligation to provide Med 3s for the duration of any absence from work which is likely, or recommended, at the time. This letter which is posted on the website, can be downloaded and used as evidence (under "Latest News" and "Resources>Certification"). Please continue to advise the LMC if, *despite this*, patients still ask for sick notes following hospital treatment. We are continuing to tackle the other Norfolk Trusts on this issue.

Norwich Medico-Chirurgical Society

Are you interested in joining? The Norwich "Med-Chi" was formed in 1867 and provides a unique forum for colleagues from primary care and hospital settings to meet at both educational and social events. It also welcomes retired colleagues so that friendships and contacts are not lost at retirement and spouses and guests are always welcome at meetings and events. Membership is open to Principals and Non-Principals in General Practice as well as Consultants and Career Grade hospital doctors, and costs £20 per year. On average there are, each year, 16 meetings divided between lunchtimes and evenings. Lunchtime speakers this year include Prof Sir Denis Pereira Gray, Prof Sir Graeme Catto and Prof Sir Keith Peters and the social events include a visit to RAF Coltishall and a trip on the wherry "Albion". Topics at evening meetings include The Diseases of Ancient Egyptian Mummies, The History of Cataract Surgery, The History of Medicine in Gt Yarmouth and Psychological Aspects of Terrorism. If you would like more information please contact the Hon Sec, Dr Trevor Wistow, Consultant Cardiologist, NNUH (01603 286286)

Dr Mike Noble, President, GP, Acle

A date for your diary

Tuesday 10th February 2004 - an opportunity for GPs to come to a presentation on the role of Nurse Practitioners. Speakers will include The Chair of the EA Assoc of NPs, Mrs B Harston and GPs and NPs who have experience of setting up NP led services. Further details in the New Year.

Dental Advice Flow Chart

Some constituents have had trouble downloading our new dental advice flow chart from the website - often when using nhs.net.

Flexible Careers Scheme - Hurry Up!

This excellent scheme, which subsidises the salary of part-time employed GPs, will be subject to an important rule change from next

**Overleaf - updated guidance on
“The Disposal of Controlled Drugs”**

